



## **POST-OPERATIVE INSTRUCTIONS AFTER IMPLANT & BONE GRAFT SURGERY**

Congratulations! You are on the road to restoring the form, function and appearance of your dentition. Here are some important additional post-operative instructions to help hasten your recovery and reduce the likelihood of problems.

1. **Temporary restorations:** If you are wearing a temporary restoration (such as a stayplate or flipper) during your healing period, it is imperative that it doesn't touch your bone graft or your implant. Pressure from the temporary will cause the bone graft and/or the dental implant to fail.
2. **Additional oral hygiene instructions:** Do not use an electric toothbrush on the implant healing abutments. The vibration from the electric toothbrush may cause the healing abutment to become loose and fall out. Starting the day after surgery, begin Peridex/Listerine rinses. Rinse twice daily, once in the morning and once at bedtime.
3. **Antibiotics:** To decrease the risk of infection, it is important that you continue taking your antibiotic prescription until gone. Please take your next dose at \_\_\_:\_\_\_ am/pm.
4. **Eating:** Do not chew on the implant or bone graft site.
5. **Emergencies:** If there are any serious problems or questions that need a doctor's immediate attention, one of our group's doctors is available 24 hours through the answering service at (707) 545-4625.